

# THE FOOD MILL VOLUNTEER HANDBOOK



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### PURPOSE OF THE VOLUNTEER HANDBOOK

We extend a warm welcome and sincere appreciation for your decision to volunteer with The Food Mill. Volunteers represent a vital and collaborative cornerstone of our organization, and we are truly grateful that you have chosen to contribute your time and skills to our cause, thereby significantly contributing to our mission of making a positive difference.

The Volunteer Handbook has been meticulously curated to acquaint you with The Food Mill (TFM) and provide comprehensive information about your volunteer engagement. Organized by relevant topics for easy reference, this handbook serves as a valuable resource, though it may not address all questions related to our policies and programs. We strongly encourage you to engage with your designated Community Engagement Coordinator for any inquiries regarding the handbook content or your volunteer service with TFM.

Volunteers are urged to diligently review and familiarize themselves with the Volunteer Handbook at their earliest convenience, as it contains valuable insights that address many queries related to volunteering with TFM.

Once again, thank you for generously offering your time and talent to assist others. We trust that your experience with The Food Mill will be both inspiring and rewarding. We encourage active participation and the cultivation of relationships within your community and among fellow volunteers.

"GIVING BRINGS A FAR GREATER BLESSING THAN RECEIVING." ACTS 20:35, NIV

### **ABOUT THE FOOD MILL**

The Food Mill, Inc. is a 501(c)3 Non-profit Social Enterprise. Our mission is to eliminate the barriers to nourishing food, address the root causes of diet-related chronic illnesses, create economic development opportunities, champion urban farming, and advocate for food policies that make a more equitable and sustainable food system. We accomplish this through our programs and strategic collaborations with like-minded organizations.

### **GUIDING PRINCIPLES FOR VOLUNTEERING WITH US:**

- 1. Empathy and Compassion:
  - We lead with empathy and compassion, recognizing the diverse needs of our community members and treating all individuals with dignity and respect.
- 2. Equity and Inclusion:
  - We prioritize equity and inclusion, fostering a volunteer community that reflects diversity and provides equal opportunities for all, eliminating barriers to participation.
- 3. Community Engagement:
  - We believe in the power of community engagement, involving local residents in decision-making processes and tailoring our programs to meet the specific needs of the communities we serve.
- 4. Sustainability:
  - We are committed to sustainability, promoting environmentally friendly practices, reducing waste, and supporting initiatives that contribute to a more sustainable and resilient food system.

### **DIVERSITY STATEMENT**

In exemplifying leadership, our commitment at The Food Mill is directed towards establishing diversity as an inherent and enduring strength within the nonprofit sector. We firmly assert that diversity stands as a foundational and integral asset to our organization's prosperity and collective success. Our mission attains its zenith when we steadfastly embrace diversity as both a value and a practice.

We maintain that the realization of diversity necessitates a sustained dedication to inclusion, manifesting fully in our organizational culture, values, norms, and behaviors. Throughout our endeavors, we purposefully celebrate diversity in its entirety, encompassing a broad spectrum of characteristics, including but not limited to age, ethnicity, gender, sexual orientation, disability status, economic circumstances, race, religion, veteran status, or any other unique identifier.

### **VOLUNTEER RIGHTS AND RESPONSIBILTIES**

As a volunteer you have the right to:

- Work in a healthy and safe environment.
- Undergo interviews and engagement processes in strict accordance with equal opportunity and anti-discrimination legislation.
- Receive accurate and truthful information about TFM.
- Obtain a copy of the TFM Volunteer Handbook, along with any other policies/procedures relevant to their role.
- Have a role description and agreed-upon hours of contribution.
- Receive orientation to TFM and their volunteer role.
- Have their confidential and personal information handled in compliance with all applicable laws.
- Receive appropriate training and support for the effective execution of their role.

As a volunteer you have the right to:

- Demonstrate reliability.
- Uphold confidentiality.
- Execute volunteer duties according to the provided position description.
- Take accountability for their actions.
- Demonstrate commitment to TFM.
- Participate in training as required and when deemed necessary by TFM.
- Seek support when needed.
- Notify the Volunteer Coordinator as early as possible if unable to attend.
- Exhibit courtesy towards participants, staff, and fellow volunteers.
- Raise any concerns with TFM directly and refrain from denigrating TFM to participants, staff, or other volunteers.
- Value and support other team members.

### **VOLUNTEER TIME**

Volunteers are required to log their service hours by utilizing the POINT Volunteer Portal, encompassing various activities such as kitchen work, meal deliveries, office tasks, meetings, and training sessions.

Service at the Discretion of the Organization: The Food Mill acknowledges and accepts the voluntary service of all volunteers, recognizing that such engagement is subject to the sole discretion of The Food Mill. Volunteers explicitly consent to the understanding that The Food Mill reserves the right to terminate the volunteer's affiliation with the organization or modify the nature of the volunteer assignment at its discretion and at any given time.

### SERVICE AT THE DISCRETION OF THE ORGANIZATION

The Food Mill acknowledges and welcomes the service of all volunteers under the understanding that such engagement is subject to the exclusive discretion of The Food Mill. Volunteers concur with the acknowledgment that The Food Mill retains the right to terminate the volunteer's association with the organization or modify the nature of the volunteer assignment at its discretion and without prior notice.

### **CODE OF ETHICS AND CONDUCT**

#### 1. Mission Alignment:

• Volunteers at The Food Mill, Inc. are expected to align with and actively support the organization's mission to eliminate barriers to nourishing food, address root causes of diet-related chronic illnesses, create economic opportunities, champion urban farming, and advocate for equitable and sustainable food policies.

#### 2. Respect and Inclusivity:

• Volunteers will treat all individuals, including fellow volunteers, staff, and community members, with respect, dignity, and kindness. We embrace diversity and foster an inclusive environment that welcomes individuals from all backgrounds.

#### 3. Integrity and Accountability:

• Volunteers commit to honest and transparent conduct. They will uphold the highest standards of integrity, take responsibility for their actions, and contribute to a positive organizational culture.

#### 4. Confidentiality:

• Volunteers will respect the confidentiality of sensitive information acquired during their service. This includes respecting the privacy of clients, fellow volunteers, and organizational matters.

#### 5. Professionalism:

• Volunteers are ambassadors of The Food Mill, Inc. and are expected to maintain a professional demeanor at all times. This includes adhering to dress codes, punctuality, and communication etiquette.

#### 6. Collaborative Engagement:

• Volunteers will actively participate in collaborative efforts, recognizing the importance of teamwork and cooperation in achieving our mission. Open communication and the sharing of ideas are encouraged.

#### 7. Adherence to Policies and Procedures:

• Volunteers are expected to familiarize themselves with and adhere to all organizational policies and procedures. This includes safety protocols, volunteer guidelines, and any specific rules related to their assigned tasks.

#### 8. Environmental Responsibility:

• Volunteers will contribute to a sustainable and environmentally responsible operation by minimizing waste, conserving resources, and supporting eco-friendly practices.

#### 9. Commitment to Learning:

• Volunteers are encouraged to continually learn and grow in their roles. This may involve participating in training sessions, seeking feedback, and staying informed about the organization's activities and impact.

#### 10. Reporting Concerns:

• Volunteers are encouraged to report any concerns related to ethical conduct, conflicts of interest, or potential policy violations to the appropriate channels within the organization.

#### 11. Representation:

• Volunteers will represent The Food Mill, Inc. accurately and positively in their interactions with the community and external stakeholders. This includes refraining from making unauthorized statements on behalf of the organization.

#### 12. Compliance with Laws and Regulations:

• Volunteers will comply with all applicable laws and regulations relevant to their roles, ensuring the organization operates within legal and ethical boundaries.

By volunteering with The Food Mill, Inc., individuals acknowledge their commitment to this Code of Ethics and Conduct, contributing to the success of our mission and fostering a positive and impactful volunteering experience for all.

### DRUG-FREE POLICY

TFM upholds a drug-free environment in accordance with federal, state, and local laws, affirming our steadfast commitment to providing a safe and healthy setting. This policy is established to reinforce TFM's dedication to maintaining such an environment for the benefit of all.

The use, possession, manufacture, distribution, dispensation, or sale of illegal drugs, alcohol, or any controlled substance is strictly prohibited on TFM premises, program sites, in TFM vehicles, or during volunteer hours. Additionally, volunteers are prohibited from being under the influence of illegal drugs, alcohol, or any controlled substance in the aforementioned locations during working hours.

For the purpose of this policy, the following terms have the following definitions:

- 1."Under the Influence" denotes that the volunteer is affected by an illegal drug or alcohol or the combination of a legal drug and an illegal drug and/or alcohol in any detectable manner.
- 2."Legal Drug" refers to any prescribed or over-the-counter drug that has been legally obtained and is being used for the purpose for which it was prescribed or manufactured. a. Marijuana, including "medical marijuana," is illegal under federal law and may not be used in the workplace. All volunteers are prohibited from being under the influence of marijuana while at work.
- 3."Illegal Drug" encompasses any drug that is not legally obtainable or has not been legally obtained, including, but not limited to, marijuana, any prescription drug, substance, or chemical not legally obtained, and any prescription drug, substance, or chemical not being used for prescribed purposes.

Violation of this policy may result in the immediate termination of volunteer duties.

### PERSONAL AND EMERGENCY CONTACT INFORMATION

Each volunteer is tasked with the responsibility of consistently updating their personal contact information and emergency contact details. This essential update can be completed conveniently through the POINT Volunteer Portal.

### PARTICIPANTS AND RELATIVES AS VOLUNTEERS

Volunteers, including participants and their relatives, may be accepted under the condition that their service does not pose an obstruction to or conflict with the provision of services to the participant or others.

### **VOLUNTEER AGE REQUIREMENTS**

The Food Mill offers various volunteer opportunities, each encompassing distinct age requirements. In specific instances, volunteers may be required to be accompanied by an adult. The age requirements for each volunteer opportunity are as follows:

The Food Mill Mobile Pantry (ALL AGES):

Volunteer your time and help us distribute food to those in need through our food pantry program. While making a difference by lending a helping hand and supporting families facing food insecurity.

The Food Mill Mobile Farmers Market (ALL AGES):

Engage with local farmers, artisans, and food enthusiasts at our vibrant farmers market. While supporting sustainable agriculture while enjoying fresh, seasonal produce and other locally sourced goods.

The Food Mill Farm-To-School Program (18 YEARS OR OLDER):

Join us in connecting our FoodCorps service members with our local elementary schools to provide fresh, locally grown produce to students. You could be a part of nurturing healthy eating habits and promoting agricultural education.

The Food Mill Cooking Matters Program (ALL AGES):

Explore the art of cooking nutritious and delicious meals on a budget by participating in our Cooking Matters classes. While learning invaluable culinary skills and empowering others in the community to cook with confidence.

The Food Mill Fox Community Garden (ALL AGES):

Join the vibrant community at The Food Mill Fox Community Garden! Volunteer to nurture our green oasis, engage in sustainable practices, and contribute to a more nourishing community. From hands-on gardening to educational workshops, our garden is a place of shared knowledge, community bonding, and flexible commitments. Visit our website to dig in and grow with us – your time and enthusiasm are the seeds that help our community garden thrive!

The Food Mill Healthy Homes, Healthy Families Program (ALL AGES):

Volunteer with Transformative Health Coaching and Make a Lasting Impact on Family Wellness. Guide families through a 12-week journey, contribute to preventative health, and join a supportive community dedicated to fostering healthier homes with personalized, sustainable habits. Your commitment matters in transforming lives, one healthy habit at a time.

### **VOLUNTEER BOUNDARIES**

Volunteers are expected to adhere to their designated volunteer duties as outlined in their description. Should you identify a participant in need of additional support, such as house cleaning, yard work, personal hygiene, or personal shopping, it is imperative to promptly notify a TFM staff member.

To ensure a positive and professional experience, volunteers are encouraged to:

- Recognize and respect personal boundaries.
- Avoid situations that may be misconstrued.
- Thoughtfully consider commitments before agreeing.
- Cultivate positive experiences.
- Foster connections with community members and leaders.
- Manage workload to maintain sustainable commitment.
- Communicate openly if task exchange or physical limitations arise.

In adherence to professional conduct, volunteers are advised:

- Not to disclose home telephone numbers or addresses.
- Not to bring participants to their own residences.
- Not to become emotionally over-involved.
- Not to engage in sexual or intimate relationships.
- Not to tolerate harassment or violence.
- Not to give or accept expensive gifts or money from participants.
- Not to lend to or borrow from participants, whether money or material goods.
- Not to provide rides to participants.

### **VOLUNTEER DRESS CODE**

Civen that each volunteer serves as a representative of TFM to the public, it is essential that volunteers present themselves in a neat and appropriate manner aligned with the nature of their volunteer duties. Supervisors will communicate any additional dress requirements, and certain volunteers may be obligated to wear specific safety equipment or clothing. For instance, kitchen volunteers are mandated to wear long pants and closed-toe shoes, with aprons, gloves, and hairnets provided.

### SAFETY

In our commitment to fostering a safe and healthy environment for volunteers, staff, participants, and visitors, TFM has implemented a comprehensive workplace safety program that stands as a top priority within our organization. Information pertaining to workplace safety and health issues is disseminated to volunteers through individualized training sessions and routine internal communication channels, including coordinator-volunteer meetings, bulletin board postings, memos, or other written communications.

Both volunteers and supervisors undergo periodic workplace safety training, encompassing potential safety and health hazards, as well as safe practices and procedures designed to eliminate or minimize risks.

In the event of an accident, regardless of the apparent severity of the injury, it is imperative to promptly notify your Community Engagement Coordinator.

### **OPEN DOOR POLICY**

TFM is dedicated to establishing and sustaining constructive and professional working relationships with all volunteers. Integral to this commitment is the cultivation of an open and honest atmosphere where any problem, complaint, suggestion, or question is met with a timely response from the TFM Community Engagement Coordinator and management. By fostering open lines of communication in all directions, individuals can collaboratively address issues before they escalate unnecessarily. Volunteers are strongly encouraged to express any concerns openly and directly to their Director of Community Engagement and Volunteering.

### WHISTLEBLOWER PROTECTION POLICY

TFM holds its directors, officers, coordinators, employees, and volunteers to elevated standards of business and personal ethics in the execution of their duties and responsibilities. In alignment with this commitment, TFM has implemented a Whistleblower Protection Policy to encourage and enable employees and volunteers to bring forward concerns without apprehension of retaliation. The policy aims to address various areas of concern, including but not limited to:

- Suspected illegal activity or noncompliance with laws, governmental rules, and regulations, or financial disclosures, accounting, internal accounting controls, or auditing matters.
- Conflicts of interest.
- Disclosure of confidential information.
- Discrimination or harassment.
- Donor stewardship failure to provide due care with respect to donations.
- Falsification of contracts, reports, or records.
- Misconduct or inappropriate behavior.
- Safety failure to meet requirements needed to perform all duties in a secure environment or as specified by TFM procedures.
- Theft.
- Violation of TFM policies or procedures.

This comprehensive approach underscores TFM's commitment to maintaining integrity and accountability across its organizational practices.

#### **Reporting Procedures:**

To report concerns, employees and volunteers can confidentially contact Gabby Castleberry, Director of Community Engagement and Volunteering.

Note: TFM is dedicated to maintaining integrity and accountability across all organizational practices. Reporting is essential to upholding these values without fear of reprisal.

The Whistleblower Protection Policy is not designed for complaints regarding your supervisor. It is expected that concerns of this nature be addressed directly with your supervisor or, if necessary, with their immediate superior. Should issues persist without resolution, you are encouraged to seek assistance from The Food Mill's Director of Development.

### MANDATORY REPORTING POLICY

This policy is formulated with the primary objective of averting physical, financial, sexual, or emotional abuse of TFM participants. Given that Food Mill volunteers may encounter vulnerable populations in the course of their daily activities, they represent the initial line of defense against preventable harm. It is expected that all Food Mill volunteers possess a comprehensive understanding of the definition and indicators of elder abuse and neglect. In the event of suspected abuse or neglect, volunteers are obligated to promptly report such concerns to their supervisor or the relevant aging and disability agency.

#### **Definitions of Abuse or Neglect:**

Abuse of older adults or people with disabilities can be physical, verbal, financial or psychological. Abuse can take many forms, including:

- Hitting or slapping
- Withholding food/medication/medical care
- Use of chemical and/or physical restraints
- Yelling, insults or threats of violence
- Misuse of funds
- Theft
- Fraud

#### Warning Signs of Abuse or Neglect:

Warning signs of abuse include:

- Injuries incompatible with the explanation given
- Dramatic weight loss, dehydration or poor hygiene
- Untreated medical or mental health conditions
- Unpaid bills despite adequate assets
- Sudden appearance of new acquaintances
- Sudden absence of care giver
- Enforced social isolation

Abuse can occur for a variety of reasons, but common contributing factors are:

- Stress created by the care needs of the senior or person with a disability
- Inadequate financial resources
- Isolation and lack of emotional support for people at risk and their caregivers
- Existing family problems and dynamics

#### Self-Neglect

Self-neglect occurs when, by choice or lack of awareness, older adults and people with disabilities live in ways that disregard their health or safety needs, sometimes to the extent that this disregard becomes hazardous to themselves or others.

Older adults and people with disabilities who neglect themselves are not willing or able to perform essential self-care tasks such as providing food, clothing or adequate shelter; obtaining adequate medical care; obtaining goods and services necessary to maintain physical and mental health, wellbeing, personal hygiene and general safety and managing financial affairs.

#### **Reporting Procedures:**

To report instances of self-neglect, contact Gabby Castleberry, Director of Community Engagement and Volunteering.

Note: Timely reporting is crucial for addressing concerns and providing necessary support.

Staff members are obligated to report all suspected instances to the participant's case manager, if known. In cases where the notice to the participant's case manager was communicated verbally, a written notification must follow within 48 hours. Additionally, in situations mandated by state, federal, or contract regulations, volunteers are required to promptly file a report with the appropriate law enforcement agency. This adherence to reporting protocols is fundamental to maintaining transparency, accountability, and ensuring the safety and well-being of all participants involved.

### ANTI-DISCRIMINATION AND HARASSMENT POLICY

TFM is steadfast in its commitment to fostering an environment that is devoid of unlawful discrimination or harassment. Our policy unequivocally condemns sexual harassment, as well as discrimination or harassment based on race, religion, gender, sexual orientation, national origin, ancestry, marital status, age, or any other protected basis delineated by federal, state, or local law. Applicable to all individuals engaged in TFM's operations, this anti-discrimination and harassment policy expressly forbids such conduct by employees, volunteers, and participants. This assertion underscores our dedication to creating a workplace and community environment that is not only free from discrimination and harassment but is also characterized by inclusivity, respect, and fairness.

#### Harassment

Harassment is characterized by verbal or physical conduct that demeans, demonstrates hostility, or expresses aversion towards an individual due to their race, color, religion, gender, national origin, age, or any other protected class, as well as towards their relatives, friends, or associates. Such harassing conduct encompasses, but is not limited to, the use of epithets, slurs, negative stereotyping, or engaging in threatening, intimidating, or hostile acts. Additionally, it includes the circulation or placement of written or graphic material that denigrates or displays hostility or aversion towards an individual or group, whether on walls, bulletin boards, or other locations within TFM's premises or workplace. This definition underscores our commitment to maintaining an environment that is free from any form of harassment and fosters respect, inclusion, and equity for all individuals.

#### Sexual Harassment

Sexual harassment encompasses unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct that transpires based on a volunteer's sex or gender. This conduct is deemed as sexual harassment when it unreasonably interferes with an individual's work or gives rise to an intimidating, hostile, or offensive environment. This definition underscores our commitment to maintaining a work environment that is free from any form of sexual harassment, fostering professionalism, and ensuring the well-being and dignity of all individuals involved.

#### Complaint Procedure:

- 1. Report to Gabby Castleberry:
  - Volunteers should report any sexual harassment promptly to Gabby Castleberry, Director of Community Engagement and Volunteering.
- 2. Confidentiality Assured:
  - Complaints will be handled confidentially, shared only with those directly involved in the investigation.
- 3. Investigation by Gabby Castleberry:
  - Gabby Castleberry will conduct a prompt and impartial investigation, taking corrective action if the complaint is substantiated.
- 4. Non-Retaliation Policy:
  - Strict prohibition of retaliation against those reporting sexual harassment.
- 5. Prevention and Training:
  - The organization is committed to preventing sexual harassment through regular volunteer training.
- 6. Review and Continuous Improvement:
  - Periodic review and updates for continuous improvement, considering volunteer feedback and legal changes.

### **CONFIDENTIALITY OF INFORMATION**

All Food Mill volunteers are mandated to uphold and safeguard the confidentiality of sensitive and proprietary information pertaining to TFM, both during and after their volunteer service. This includes but is not limited to participant information, business documents, reports, records, files, and correspondence, to which volunteers gain access while fulfilling their responsibilities. None of the mentioned materials may be copied or removed from TFM premises without the prior written consent of the volunteer's manager. The confidentiality extends to the names and addresses of TFM donors, participant, and volunteer information. Any release of confidential information to unauthorized parties requires prior written approval from the Director of Development.

Volunteers are expected to adhere to stringent regulations set forth by the Health Insurance Portability and Accountability Act (HIPAA) to protect the confidentiality of participant information on record with TFM. Observing confidentiality is crucial for maintaining sound relationships with participants and is of paramount legal and ethical importance. Volunteers are urged to exercise great care in discussing participant services, ensuring such discussions remain private and are not overheard by other participants, volunteers, or staff members not involved in those services.

Any inappropriate discussion of participant information or similar violations may result in immediate termination of volunteer service. Volunteers are expressly prohibited from disclosing information for any purpose without written consent from the participant, the participant's attorney, or the participant's guardian, except as may be required by funding agencies, or directly connected with arranging for services, or administration and development of the program.

In the event of violations or suspected violations of these prohibitions, volunteers are obligated to report such instances to their immediate supervisor, in this case, TFM's Director of Community Engagement and Volunteering or TFM's Director of Development.

### **CONFLICT OF INTEREST**

TFM has instituted a Conflict of Interest Policy to guide volunteers in identifying potential conflicts of interest and to provide procedures for the appropriate evaluation of transactions where such conflicts may arise.

Every volunteer is expected to conduct themselves in a manner that safeguards the reputation and integrity of TFM, preserving and enhancing public confidence in TFM activities. Volunteers are required to abstain from participating in any transaction where personal interests either conflict, potentially conflict, or appear to conflict with those of TFM. An actual or potential conflict of interest arises when a volunteer is in a position to influence a decision that may lead to personal gain for themselves or a relative through TFM's business dealings. For the purpose of this policy, a relative is defined as a person related by blood or marriage, or whose relationship with the volunteer is similar to those related by blood or marriage.

Volunteers are strictly prohibited from accepting any form of payment (including gifts, cash, discounts, concessions, services, or other similar items or benefits) for services rendered as part of their volunteer service.

Moreover, volunteers are prohibited from using TFM stationery, any title of TFM, or misrepresenting themselves as an employee of TFM in connection with any matter for which they are not authorized as a representative of TFM and do not express an opinion on its behalf. Participation in any activity contrary to this policy can result in the termination of volunteer service.

### **SOLICITATION POLICY**

TFM strictly prohibits volunteers from engaging in solicitation, collection, or sales activities with other volunteers, staff, or participants during the working hours of the soliciting individual or the person being solicited. Furthermore, the posting of written solicitations on company bulletin boards is expressly prohibited, as these boards are designated for official organization communications, including federal and state labor law information, community partner, volunteer and staff announcements, internal memoranda, organizational announcements, and similar official communications.

Any violation of this policy may result in the immediate termination of volunteer service. This directive is in place to maintain a professional and focused work environment, and volunteers are expected to adhere to these guidelines to ensure the smooth operation of TFM activities.

# MEET YOUR VOLUNTEER EXPERIENCE LEADERSHIP

Gabby Castleberry, a recent Fine Arts graduate from Columbus State University, currently serves as the Director of Community Engagement and Volunteering at The Food Mill, a Non-Profit Organization in Columbus, GA. With a strong passion for community betterment, Gabby leads initiatives to foster meaningful connections and drive impactful volunteer experiences. In her role, she oversees strategic planning, volunteer program management, partnership development, event coordination, and meticulous metrics tracking. Gabby brings a dedication to creating a community where meaningful connections thrive, making a positive difference through her leadership.



## **GABBY CASTLEBERRY**

### Director of Community Engagement and Volunteering

# **VOLUNTEER MOBILE APP**

Volunteers at The Food Mill will utilize the POINT app for the seamless management of volunteer-related activities. This mobile application serves as a comprehensive tool, allowing volunteers to sign up for opportunities, track hours, and communicate with leadership about any questions or inquiries related to volunteering. The POINT app ensures that volunteers have convenient access to essential information, making their experience with us straightforward and enjoyable. From personalized shift schedules to direct communication channels with leadership, the app provides a centralized platform for all pertinent details related to your volunteer engagement.

#### **Cause-based and virtual volunteering**

Find volunteer opportunities in your city or ways to help from home when you're free.

#### **Find local nonprofits**

Search for verified 501c3 nonprofits near you by cause.

#### **Give money or in-kind gifts**

Send Venmo-like donations, or gift items straight to nonprofits using our POINT registry.

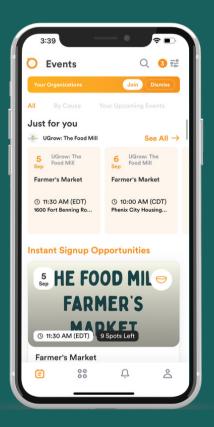
#### Track your impact

See alll your individual impact (volunteer hours, donations, and organizations supported) at a glance.

#### **Volunteer with friends**

See which friends sign up for events and share events with anyone you want to invite.





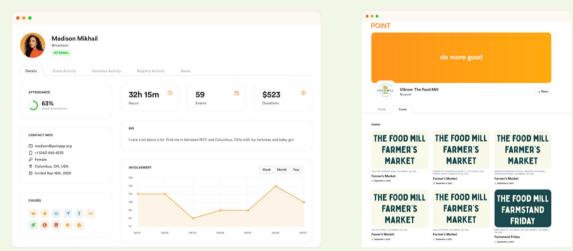


# **VOLUNTEER TOOLS**

At The Food Mill, our commitment to enhancing the volunteer experience takes a significant step forward with the introduction of the POINT app as our designated volunteer management tool and mobile application. This innovative platform empowers you to personalize your volunteer journey, ensuring your voice and needs are met seamlessly.

As we embrace the POINT app this year, it becomes your central hub for managing your volunteer engagement. You can easily select your volunteer shift schedule, access crucial documentation, and engage in direct communication with your Director of Community Engagement and Volunteering for The Food Mill. This user-friendly tool is designed to make your volunteer experience more personal and accessible.

To get started, please visit our sign-up page by clicking <u>HERE</u>. We look forward to optimizing your volunteer experience through this advanced and intuitive platform.



### Shift Sign Up

Ensuring a comprehensive understanding of the volunteer sign-up process is crucial for capturing the engagement of every individual willing to contribute their time to our nonprofit. While the sign-up process may be user-friendly, providing a clear breakdown of steps becomes instrumental in removing any potential barriers and facilitating a seamless experience for volunteers.

Below, we present a visual representation of our sign-up page along with detailed instructions on how to navigate the process and select a volunteer shift. This approach aims to enhance clarity and accessibility, ultimately encouraging broader participation and engagement from individuals eager to contribute to our nonprofit's mission.

### lt's as easy as 1..2...3..

- 1) Please sign up for the event using this link
- 2) Complete the registration form
- 3) Add our event to your calendar
- 4) Download the POINT Volunteer mobile app to track your hours, events, and more.

### **VOLUNTEER HANDBOOK ACKNOWLEDGEMENT**

I hereby acknowledge that I have received a copy of The Food Mill's Volunteer Handbook and have thoroughly reviewed its contents. I recognize that the handbook outlines the obligations associated with my volunteer service with TFM. It is understood that TFM keeps the most up-to-date version of the Volunteer Handbook accessible on the <u>www.thefoodmill.org</u> website.

I am fully aware and in agreement that it is my responsibility to read and acquaint myself with the rules, policies, and standards delineated in the Volunteer Handbook, and I commit to adhering to all policies and procedures outlined therein. In the event of any unanswered questions, I understand the importance of consulting my Director of Community Engagement and Volunteering for clarification.

Volunteer	(signature)
Date	
Volunteer	(name printed)

### "VOLUNTEERING IS NOT JUST AN ACT; IT'S AN EMBODIMENT OF COMPASSION, A COMMITMENT TO POSITIVE CHANGE. IN THE TAPESTRY OF COMMUNITY, EACH THREAD OF ENGAGEMENT WEAVES A STORY OF EMPOWERMENT, AND TOGETHER, WE CREATE A MASTERPIECE OF IMPACT THAT TRANSCENDS TIME."

### DIRECTOR OF COMMUNITY ENGAGEMENT AND VOLUNTEERING

# CONCLUSION

We extend our heartfelt appreciation to you for graciously dedicating your time to volunteer at The Food Mill. Your generous commitment is sincerely valued, and we are grateful for your contribution. Your support plays a pivotal role in enabling The Food Mill to uphold its mission and make a meaningful impact on individuals within our community each year. We look forward to the prospect of your continued involvement and hope to see you again in the future.



# **COMPANY INFO**

The Food Mill, Inc. is a 501(c)3 Non-profit Social Enterprise. Our mission is to eliminate the barriers to nourishing food, address the root causes of diet-related chronic illnesses, create economic development opportunities, champion urban farming, and advocate for food policies that make a more equitable and sustainable food system. We accomplish this through our programs and strategic collaborations with like-minded organizations.

#### www.thefoodmill.org